



Dr Jeff Cochran

Jeff L. Cochran, Ph.D., NCC, LMHC is an associate professor in the Department of Educational

Psychology and Counseling and is the Coordinator of the Mental Health Counseling Program at the University of Tennessee. His counseling experiences range from agencies serving troubled youth to elementary schools and universities. He has lived and worked as a counselor in a number of states as well as overseas. He earned his Ph.D. at Virginia Tech in 1996 and continually learns from his teaching and supervision of counselors, as well as ongoing partnerships in research and service with practicing counselors, friends and professionals in related mental health fields.

Jeff and Nancy frequently write, present, and teach together. They have published numerous articles regarding outcomes and applications of therapeutic relationships and are the authors of The Heart of Counseling: A Guide to Developing Therapeutic Relationships (Thomson Brooks/Cole, 2006) and with co-author, Bill Nordling, of Child-Centered Play Therapy – A Practical Guide to Developing Therapeutic Relationships with Children (Wiley, 2010).