



Dr Kathryn Sleet

Kathryn has a BA (Hons) Social Sciences MA (Ed) in Guidance and Counselling (1989), Postgraduate Certificate in Education (1990) and a PhD in Counselling (2004), from the University of Durham in the UK. In addition she has a Postgraduate Certificate in Play Therapy (1997) and Postgraduate Diploma in Play Therapy (1999) from Roehampton University in the UK. Kathryn is an accredited counsellor with BACP (British Association Counselling and Psychotherapy) and she is a full member of BAPT (British Association Play Therapists).

Kathryn has taught on and was the program leader for MA in Counselling at the University of Durham (1998 – 2008). Since then she has taught child development and human development modules on both Education and Social Work undergraduate programs and Play Therapy in universities in the UK.

From March 2010- December 2011 Kathryn was the Director for the MA of Counselling at the University of Queensland, Brisbane, Qld. Australia. She has supervised Masters' dissertations and PhD students in Education, Counselling, Therapeutic Childcare, Social Work and addiction studies.

Kathryn has been responsible for the design and development of counselling modules on the MA in Counselling program in the areas of theory, practice, self-development and research methods. She has written and taken through University validation an MA in Counselling Studies with Children and Young People. As a volunteer and part of a research project in East Africa, Kathryn has co-designed and delivered a Certificate in Play Therapy for an NGO in Kenya East Africa for qualified Kenyan Counsellors wishing to adapt skills to work with children and young people both infected and affected by HIV/AIDS.

Since 1989 Kathryn has been involved in assessment, exam board preparation in both undergraduate and postgraduate studies in Counselling, Education, Play Therapy, Social Work and Therapeutic Childcare.

Kathryn has published several high quality scholarly journal articles, reports, book chapters and other texts in both national and international journals and books. She has presented her research at Counselling and Education conferences and other professional and community forums since 1993 and she has been an invited speaker and key note speaker at international conferences on several occasions.

Currently Kathryn works as a consultant trainer, clinical supervisor, Counsellor and Play Therapist alongside voluntary work as a Counsellor and Play Therapist with CRUSE Bereavement Care in Salisbury and local schools.