



BUILDING AND MAINTAINING SUCCESSFUL WORKING RELATIONSHIPS WITH PARENTS OF CHILDREN IN PLAY THERAPY

Presenter: Bill Nordling, Ph.D.

Dates:

Online series of three 90-minute webinars - 2020 dates to be advised

Fee:

2020 fee to be advised

Webinar (Zoom)

Building and maintaining successful working relationships with parents whose children are in play therapy is vital for successful treatment of children. This presentation series will focus on major competencies and skills sets for successful work with parents, including:

1. Developing a structured relationship building intake process that builds working relationships with parents
2. Making treatment recommendations that parents have confidence in
3. Explaining play therapy to parents in ways that are individually and culturally appealing
4. Responding to questions of parents who may be anxious, demoralized, or angry
5. Conducting parent feedback meetings that soothe concerns and motivate for continuation of treatment
6. Preparing parents for the introduction of additional therapeutic treatments that might be beneficial to the child (and that may involve the parent) concurrent with or at later stages in the therapy
7. Terminating treatment in a way that encourages reengagement if relapse occurs or further treatment of the family at a later time

The presentation's instructional methodology will include lecture, demonstration skills by the instructor, roleplay of therapeutic situations, and case consultation. This presentation is meant to be a creative and constructive merging of advanced skills training with supervision/case consultation. Although the presenter will present some material formally through lecture and

also have some planned skill demonstrations ready for each session, it is expected that participants will be ready to ask questions, role play parents, and discuss clinical situations related to the topics for a given session. Participants will also be encouraged to help shape the agenda for each session by nominating additional topics to be discussed. This active role by participants will contribute to the enhancement of skills in working with parents.

Biographical Information

Bill Nordling, Ph.D. is a licensed clinical psychologist who serves as the Dean and full Professor of the Institute for the Psychological Sciences – a doctoral level degree training program in psychology in Arlington, Virginia (USA) –where he teaches coursework in Child-Centered play therapy (CCPT) and Filial family therapy. For the past 25 years, he has also served as the Director of Certification Programs in CCPT and Filial therapy at the National Institute of Relationship Enhancement - a training institute founded by Drs. Bernard and Louise Guerney. Dr. Nordling is a Registered Play Therapist-Supervisor through the Association for Play Therapy (USA). He was a founding Board member of the Maryland Association for Play Therapy and also served on the Board of Directors of the national-level Association of Play Therapy (USA) for six years, and was its President for 2010.

Dr. Nordling has conducted over 150 multi-day training workshops throughout the U.S. and internationally in the areas of play and Filial therapy. He has authored a number of publications in these areas including the book *Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children* (co-authored with Nancy and Jeff Cochran).

Dr. Nordling specializes in distance supervision, case consultation, and mentoring of clinicians at all levels of development in order to bring excellence to their practice of Child Centered play therapy and Filial therapy.