

ADULT EXPLORATION OF ATTACHMENT INTERVIEW: IN SEARCH OF INTERNAL WORKING MODELS

WHEN: THURSDAY 15 NOVEMBER

TIME: 9.00AM-5.00PM

WHERE: HOUCHEN RETREAT, 83 HOUCHEN ROAD, HAMILTON

COST: \$175 EARLYBIRD (BY 12 OCTOBER) OR \$225 STANDARD FEE

(INCLUDES MORNING AND AFTERNOON TEA)

Judi and Megan from ChildPlayWorks are pleased to offer the opportunity to participate in a 1-day workshop with Heather Chambers, a Consultant Child Psychotherapist from the Child and Family Development Centre in Wellington. In her work, Heather's primary role is to train and support staff in PACT; an attachment-based intervention that she has authored and developed for parents and children experiencing intractable relationship distress.

At the workshop, Heather will teach a therapeutic interview which she has developed called 'AEAI Adult Exploration of Attachment Interview'. This entails the learning of a therapeutic interview to assist parents in their relationship with their co-parent and/or their children. The interview is designed to reveal to the individual their early relational learning, which drives their feelings, responses and behaviours in key relationships. The individual becomes freer to imagine and develop other ways of responding and reacting within their interpersonal relationships and especially as parents.

It is a great tool which is readily learned and takes a day. Inevitably it will be experiential and so the person learning the tool also learns about themselves. Two for the price of one!

Spaces for this 1-day workshop are strictly limited and registrations are on a 'first in first served' basis.



Registration form available on www.childplayworks.co.nz

Email: info@childplayworks.co.nz

Cellphone: 027 429 1756