



Nancy Cochran

Nancy H. Cochran, MA, CAS, LMHC is an adjunct assistant professor for the Department of Educational Psychology and Counseling at the University of Tennessee. Nancy has over 20 years' experience serving children, youth and families, in school and agency settings, as a school psychologist and child-centered play therapist. She served in private practice with Blossom Road Psychotherapy in Rochester, NY for seven years, and currently in Knoxville, TN she serves as clinical coordinator for REACH - a grant funded program that provides Child-Centered Play Therapy, Filial Therapy and related services for children deemed at-risk in high poverty urban elementary schools. She is certified as a Child-Centered Play Therapy Supervisor by the National Institute for Relationship Enhancement (NIRE) and regularly provides post-masters supervision in Child-Centered Play Therapy at the University of Tennessee, for NIRE and for Play Therapy Australia.

Jeff and Nancy frequently write, present, and teach together. They have published numerous articles regarding outcomes and applications of therapeutic relationships and are the authors of The Heart of Counseling: A Guide to Developing Therapeutic Relationships (Thomson Brooks/Cole, 2006) and with co-author, Bill Nordling, of Child-Centered Play Therapy – A Practical Guide to Developing Therapeutic Relationships with Children (Wiley, 2010).