

ChildPlayWorks offers a comprehensive Child-Centered Play Therapy training programme in New Zealand.

Child-Centered Play Therapy is a specialised way of working therapeutically with children. This unique approach is based on solid theory and is one of the most thoroughly researched theoretical models of play therapy in the world.



"Take care of our children
Take care of what they hear
Take care of what they see
Take care of what they feel
For how the children grow
So will be the shape of Aotearoa"
- Dame Whina Cooper

Course Facilitators/ Trainers:

Judi Jacobsen MNZAC:

Consultant Play Therapist, Counsellor

Megan Longman MANZASW:

Consultant Play Therapist, Social Worker

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ChildPlayWorks Clinical Play Therapy Training Programme



*Birds fly, fish swim,
children play*

- Landreth

ChildPlayWorks Clinical Play Therapy Training Programme

ChildPlayWorks offers solid, New Zealand-based clinical training in the specific modality of Child-Centered Play Therapy (CCPT). Our trainers are experienced practitioners with over 30 years of practice and knowledge in Child-Centered Play Therapy between them. The 3-stage training programme can be completed in 2-3 years.

Our training is of interest to counsellors, social workers, teachers, early childhood educators, psychotherapists, psychologists, art therapists, occupational therapists, speech and language therapists, mental health nurses (including those in their final year of study in these areas) as well as all others who work with children, For some, additional study in counselling may be required.

Stage 1: Introductory

The Wonderful World of Child-Centered Play Therapy: a 5-day workshop

The theoretical model and philosophical framework of CCPT is explored as well as a basic understanding of the dynamics and importance of the unique therapeutic relationship. Facilitative, relationship-building ways of responding to children and core CCPT skills are introduced in role play demonstrations and these are developed in experiential role plays. The playroom and its toys are introduced.

Child development and attachment is put within the context of CCPT. Understanding of this is consolidated in case examples, role play demonstrations, and in experiential role plays using skills already developed. Therapeutic stages and themes in CCPT are introduced. Development of play therapy skills and further facilitative ways of responding to children are explored.

N.B. Stage 1 is also a professional development workshop for others.

Stage 2: Readiness for Practice / Establishing and Consolidating Practice

(a) Deepening and Strengthening the Therapeutic Relationship: a 5-day workshop

A focus on dynamics in a beginning clinical context of CCPT. Self as therapist is explored and there is a strong experiential focus on advancing and strengthening play therapy skills and relational ways of being with children which were initially developed in Stage 1. These include responding to challenges in the playroom and taking part in role play with a child.

Guest presenter Wendy Kelly, Ph.D., (Clinical Psychologist) presents a 1-day workshop – ‘The Effects of Trauma on Children’s Attachment Relationships’ (*also a standalone, professional development workshop*). Clinical practice issues are further explored, and trainees can apply to begin supervised practice for their therapeutic work with children in a playroom setting. These issues include developing a relationship with parents/caregivers; the initial parent/caregiver interview and assessment process; and reflectivity and documentation around sessions.

(b) Issues in Clinical Practice: a 5-day workshop

Clinical practice is further explored and strengthened, and peer support is encouraged. Clinical issues include working with parents/caregivers as therapeutic partners and strengthening the parent/child relationship; typical problems and issues in CCPT; and determining therapeutic process.

Guest presenter Heather Chambers (Consultant Child Psychotherapist) presents her ‘Adult Exploration of Attachment Interview: In search of internal working models (AEAI)’ in a 1-day workshop (*also a standalone, professional development workshop*).

All modules include DVD material from highly respected leaders in the field of CCPT and case material. There is a strong emphasis on play therapy skill development, role play demonstrations and experiential role plays, and personal reflective activities.

Stage 3: Advanced Practice

(a) Clinical Practice and Individual Research: a 5-day workshop

Trainees present individual (non-academic) research in a chosen field of CCPT. Trainers present a model for working with parent and child together in the playroom in order to strengthen their relationship.

(b) The Emergent Child-Centered Play Therapist: (online)

Accessing online presentations with Jeff L. Cochran, Ph.D., NCC, LMHC and Nancy H. Cochran, MA, CAS, LMHC. Online Forum participation: Group reflective discussions on the online presentations; supporting each other’s work with children and linking theory to practice. An individual case study completes the theoretical component of The Emergent Child-Centered Play Therapist.

Ongoing Professional Development

Webinar presentations for trainees and graduates with overseas experts in the field of CCPT.

2018 Workshop fees:

All 5-day training workshops, including the online Stage 3b are \$1350 earlybird* or \$1395 standard fee
An Introduction to CCPT: \$795 earlybird* or \$830 standard fee

*earlybird payment date is 4 weeks prior to workshop date

2018 Dates for new training group (Hamilton):

Stage 1 (5 days): 5-9 April 2018

Stage 2 (a) (5 days): 2-6 July 2018

Stage 2 (b) (5 days): 12-16 November 2018

2018 Dates for 5-day workshop (Christchurch):

To be decided (dependent on numbers)

2018 Dates for those already in training (Hamilton):

Stage 3 (a) (5 days): 11-15 June 2018

Stage 3 (b): online in 2018

2018 An Introduction to CCPT (Hamilton):

An Introduction to CCPT (3 days): 20-22 September 2018 (*a professional development workshop which holds credits towards Stage 1*)

